



Charting the LifeCourse Domain Taxonomy



Daily Life & Employment

What a person does as part of everyday life – education and training, employment, volunteering; routines, responsibilities and skills for individual and family life.



Education

- Childcare, Camps and Afterschool Programs
- School (general ed, special ed/504, honors)
- Higher Education/Vocational Training
- Lifelong Learning (senior center, continuing ed)
- Language and Literacy



Employment/ Meaningful Day

- Career Exploration and Pre-vocational
- Job and Career Path
- Meaningful Day (volunteer, stay-at-home, caregiver, day program)
- Personal Finance (budgeting, income, expenses, debt)
- Retirement



Individual & Family Life

- Accommodations and Everyday Technology
- Home Life and Routines
- Financial Literacy, Income, Budgeting and Paying Bills
- Parenting and Intergenerational Supports
- Family Traditions and Culture



Living Options

- Housing Options and Quality of Housing
- Universal Design
- Living Expenses
- Home Modifications and Environmental Technology
- Housing Stability and Aging in Place



Transportation

- Accessible and Affordable Transportation
- Walkability
- Mass Transit Lines/Stations
- Vehicle Modification
- Driving and Driver's License



Neighborhood & Community

- Parks, Walking Trails and Nature
- Internet and Other Utility Access
- Environmental Conditions
- Neighborhood and Build Environment
- Businesses, Banks and Retail Outlets



Personal Relationships

- Close Family and Friends
- Peers, Co-workers and Casual Relationships
- Virtual Connections (social media, groups, chat)
- Dating/Intimate Relationships
- Pets and Other Animals



Leisure & Recreation

- Extra-curriculars, Clubs, and Groups
- Service, Civic or Social Clubs
- Hobbies, Sports and Entertainment
- Vacation and Travel
- Rest and Relaxation



Spiritual Enrichment

- Meditation, Self-reflection and Prayer
- Personal Growth for Meaning of Life
- Rituals and Practices Focusing on Higher Powers
- Places of Worship (temple, synagogue, church, mosque)
- Faith-based Community or Organizations



Community Living

Where and how someone lives - housing and living options, universal design, and modifications; transportation options, neighborhood considerations and community access.















Social & Spirituality

Having friendships, social and personal relationships, leisure and recreational activities; exploring faith or spiritual aspects of life.





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LIFE DOMAINS	SUB-DOMAINS	TOPICS
 Healthy Living Managing and accessing health care – medical, mental, and behavioral health, sexual and reproductive health; long-term health needs; wellness, fitness, nutrition and selfcare.	 Wellness & Self-Care	<ul style="list-style-type: none"> • Preventive Care and Lifestyle Choices • Fitness, Physical Activity and Inactivity • Healthy Food (access, options, nutrition) • Sexuality, Reproductive and Gender Health • Managing Stress and Mental Health
	 Comprehensive Health	<ul style="list-style-type: none"> • Primary Care, Specialty Care and Rehabilitation • Hearing, Vision, Oral, Home Health and Behavioral Services • Management of Chronic Conditions, Disability and Transitions • Health Costs, Benefits and Insurance • Coordinating Health Care Needs and Services
	 Long-Term Supports	<ul style="list-style-type: none"> • Navigating Resources and Options (choice, care/supports planning) • Supports for Instrumental and Other Activities of Daily Living • Home and Community-based Services (personal assistance, technology) • Long-term Care (supported or assisted living, skilled nursing) • Palliative or End of Life/Hospice Care
 Advocacy & Engagement Determining how one's own life is lived, making choices, setting goals, speaking up, leading and partnering; Building valued roles, having meaningful experiences, and participating in community.	 Self-Determination	<ul style="list-style-type: none"> • Marking Informed Decisions (problem-solving, goal setting) • Understanding and Communicating One's Needs • Directing Life and Speaking Up for Self • Taking Control and Responsibility of One's Life • Building Relationships and Connections
	 Advocacy & Leadership	<ul style="list-style-type: none"> • Supporting Others to Voice Views, Wishes and Protect Rights • Leading a Group, Organization or Other Change • Volunteering, Community Service or Philanthropy for Causes or Others • Standing Up Against Discrimination or Disadvantage • Partnering with Professionals to Enhance Services and Organizations
	 Community Action	<ul style="list-style-type: none"> • Participating and Having Meaningful Roles in the Community • Fostering Inclusion and Belonging of Other Community Members • Service Learning or Community-wide Change • Voting and Civic Engagement in Politics • Advocating for Policy or Legislative Changes
 Safety & Security Staying safe from abuse, exploitation and injury; Preparing for emergency or disaster situations; legal rights with regard to decision making, end of life, and other legal issues.	 Personal Safety	<ul style="list-style-type: none"> • Free from Threat, Harm or Crime • Internet, Social Media and Technology Safety • Preventing Personal Injury (falls risks, hazards, self-harm) • Awareness and Prevention of Bullying, Abuse, Neglect and Exploitation • Accessing Child and Adult Protective Services and Elder Justice
	 Public Safety	<ul style="list-style-type: none"> • Safe Housing, Roads, Communities and Environments • Law Enforcement and First Responders (911, fire fighters, EMTs) • Crime, Violence and Social Disorder Prevention • Emergency and Disaster Preparedness (planning, registries) • Weather, Flooding and Fires
	 Legal & Financial	<ul style="list-style-type: none"> • Criminal and Legal Justice (rights, discrimination) • Legal Services and Protections • Advance Planning and Decision-making Support • Financial Literacy (budgeting, investing, savings) • Personal Finance (income, benefits, wills/trusts, ABLE accounts)